

Immunization against infectious diseases

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- Immunization is one of the most important tools (along with sanitation) used to prevent morbidity and mortality from infection diseases.
- **Active immunity** ;- the administration of most vaccinations induce a durable antibody response.
- **Passive immunization** ;- occurs when performed antibodies are given (eg, immune globulin from pooled serum), resulting in temporary protection which is a less durable response.
- The two variants of active immunization are:-
 - ✓ **live attenuated vaccine** (which are believed to result in an immunologic response more like natural infection).
 - ✓ **Inactivated or killed vaccines.**

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- The schedule of vaccinations varies based on:-
 - ✓ The risk of the disease being prevented by vaccinations.
 - ✓ Whether a vaccine has been given previously.
 - ✓ The immune status of the patient.
 - ✓ The safety of the vaccine.

❖ Recommended immunization :-

1. Healthy adult :-

- Vaccination recommendations are made by the Advisory Committee on immunization Practice.

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❖ Recommended immunization :-

2. Pregnant women :-

- Given the uncertainty of risks to the fetus, vaccination during pregnancy is generally avoided with the following exceptions :-
 - ✓ Tetanus.
 - ✓ Diphtheria.
 - ✓ Influenzas.
- Live vaccine are avoided during pregnancy.
- Influenzas can be a serious infection if acquired in pregnancy, and all pregnant women should be offered influenzas (inactivated) vaccination.
- The live attenuated (intranasal) influenza vaccine is not recommended during pregnancy.

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❖ Recommended immunization :-

3. HIV-infected adults :-

- HIV-infected patients have impaired cellular and B cell responses.
- Inactivated or killed vaccinations can generally be given without any consequence, but the recipient may not be able to mount an adequate antibody response.
- Live or attenuated vaccines are generally avoided with some exceptions (i.e., in patients with CD4+ T lymphocytes greater than 200 cells/mcl.
- Timing of vaccination is important to optimize response.
- If possible, vaccination should be given early in the course of HIV disease or following immune reconstitution.

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❖ Recommended immunization :-

4. Hematopoietic Cell Transplantation Recipients :-

➤ Hematopoietic Cell Transplantation (HCT) Recipients have varying rates of immune reconstitution following transplantation, depending on :-

1. The type of chemotherapy or radiotherapy used pre transplant.
2. The preparative regimen used for the transplant.
3. Whether graft-versus-host disease is present.
4. The type of immunosuppression used post transplantation.

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4. Hematopoietic Cell Transplantation Recipients :-

- Vaccines may not work immediately in the posttransplant period.
- B cells may take 3-12 months to return to normal posttransplant.
- T cells that can respond to new antigens appear only 6-12 months post-transplant.
- B cells of posttransplant patients treated with rituximab may take up to 6 months to fully recover after the last dose of the medication.
- Vaccines are therefore administered 6-12 months following transplantation with a minimum of 1 month between doses to maximize the probability response.

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❖ Recommended immunization :-

5. Solid organ transplant Recipients :-

- Solid organ transplant Recipients demonstrate a broad spectrum of immunosuppression , depending on the reason for and type of organ transplantation and the nature of the immunosuppression .
- These factors affect the propensity for infection post transplantation and the ability to develop antibody response to vaccinations.
- Vaccines are given during the pretransplant period to optimize antibody response.
- If this is not possible, most expert give vaccines 3-6 months following transplantation.
- Live vaccines are contraindicated in the posttransplant period.

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❖ Recommended immunization :-

- Individuals traveling to other countries frequently require immunizations in addition to those routinely recommended and may benefit from chemoprophylaxis against various diseases.
- In general, live attenuated vaccines (measles, mumps, rubella, yellow fever, and oral typhoid vaccine) should not be given to immunosuppressed individuals or household members of immunosuppressed people or to pregnant women.
- Immunoglobulin should not be given for 3 months before or at least 2 weeks after live virus vaccines, because it may attenuate the antibody response.
- Most vaccines are safe to administer.

Thank You